

# Offer more employee perks with Lifestyle Benefits

Enhance your company's benefits program by offering Lifestyle Benefits to employees and their families. Many options are provided at no additional cost or fee – and no enrollment is necessary. We've partnered with the best-in-class providers, specifically selected for their ease of implementation.

Active U.S. employees covered under our group insurance programs, as well as their spouse and insurance-eligible children, can access these services – even if they're not covered under the insurance program. Here's an overview of legal, financial, grief, and well-being resources available to your company.



**Legal, financial, grief, and well-being resources**  
from TELUS Health

No additional cost to enroll for group life insurance clients.

Professional and timely support services for a variety of needs ranging from legal matters, financial situations or coping with loss – to overall well-being concerns about family, health and more. Personalized assistance is available through confidential consultations, along with easy-to-access online resources through web or mobile app.

**Legal:** Expert guidance for separation/divorce, wills and estate planning, real estate, immigration, consumer protection and more. Service includes a free 30-minute legal consultation per issue by phone or in an attorney's local office. Employees also have access to a comprehensive online library with templates for simple will creation, power of attorney and other legal forms.

**Financial:** Phone access to accredited financial counselors to answer questions or schedule a 45-minute counseling session per issue on these topics: budget analysis, credit management, bankruptcy, establishing savings goals, finding resources for home ownership, college funding, retirement planning, basic estate planning, and questions about tax planning and preparation. Includes online access to a financial fitness assessment and more.

**Grief:** Access to master's-level clinicians by phone for any stage of grief. Referrals to support groups, public agencies and community-based resources on a broad range of issues related to the loss of a loved one.

---

## Access:

Visit [lifebenefits.com/lfg](https://lifebenefits.com/lfg)  
or call **1-877-849-6034**

Username: lfg

Password: resources

**Well-being:** In addition to legal, financial and grief resources, TELUS Health also provides digital well-being resources. First, the total well-being index offers a digital behavioral-based assessment that provides personalized recommendations for positive lifestyle changes. Second, CareNow provides access to online self-guided programs to help with anxiety, depression, stress and more. And finally, there is access to personalized fitness journeys, with a wide selection of workouts, based on your unique fitness goals. Chat live online with coaches who can help with fitness, nutrition and recovery questions you have.



## Learn more

For more information, contact your Securian Financial representative or visit [securian.com/groupinsurance](https://securian.com/groupinsurance).

Services provided by TELUS Health, and are their sole responsibility. The services are not affiliated with Securian or its group contracts and may be discontinued at any time. Certain terms, conditions and restrictions may apply when utilizing the services. To learn more, visit the appropriate website.

Insurance products are issued by Minnesota Life Insurance Company or Securian Life Insurance Company, a New York authorized insurer. Minnesota Life is not an authorized New York insurer and does not do insurance business in New York. Both companies are headquartered in St. Paul, MN. Product availability and features may vary by state. Each insurer is solely responsible for the financial obligations under the policies or contracts it issues.

Securian Financial is the marketing name for Securian Financial Group, Inc., and its subsidiaries. Minnesota Life Insurance Company and Securian Life Insurance Company are subsidiaries of Securian Financial Group, Inc.



INSURANCE  
INVESTMENTS  
RETIREMENT

[securian.com](https://securian.com)

400 Robert Street North, St. Paul, MN 55101-2098  
©2023 Securian Financial Group, Inc. All rights reserved.

F98521-6 8-2023 DOFU 8-2023  
3000599